With an e-bike, bicyclists can ride more often, farther, and for more trips.

Electric bicycles are designed to be as safe as traditional bicycles, do not compromise consumer safety, and benefit bicyclists who may be discouraged from riding a traditional bicycle due to limited physical fitness, age, disability or convenience.

In many states, e-bikes are regulated under antiquated laws primarily aimed at combustion engine vehicles such as mopeds or scooters. PeopleForBikes is clarifying state laws governing the use of e-bikes in the U.S. Every state’s law is different, but the objective is to ensure that low-speed e-bikes are regulated similarly to traditional, human-powered bicycles.

In Massachusetts, an e-bike is defined as a “motorized bicycle” as long as its maximum speed is 25mph. As motorized bicycles, e-bikes are not subject to the same rules of the road as regular bicycles.

E-bike riders must carry an operator’s license and are subject to registration requirements. E-bikes are not subject to insurance requirements.

Helmets are required, and there is a 16 year age minimum for e-bike use. E-bikes are not allowed on sidewalks or bike paths.

*eThe following Massachusetts laws are referenced: Mass. Gen. Laws ch. 90-1, ch. 90-1B through 90-1D.

**MASSACHUSETTS’ E-BIKE LAW FOR TRAILS**

- LOCAL: Consult your local land management agency.
- STATE: The Massachusetts Department of Conservation and Recreation defines e-bikes as motorized recreational vehicles, with access to roadways that allow motorized vehicles on trails designated for motorized recreational vehicles. There are eight state parks with natural surface trails designated for motorized recreational vehicles. Contact the department for the most up to date information. PeopleForBikes is monitoring this policy and will update this document as needed.
- FEDERAL: There is little federal land managed for recreation in Massachusetts. However, for reference, eMTBs are considered motorized vehicles and have access to motorized trails on federal lands.

**MASSACHUSETTS’ E-BIKE LAW FOR THE ROAD**

- Helmets are required, and there is a 16 year age minimum for e-bike use. E-bikes are not allowed on sidewalks or bike paths.

The following Massachusetts laws are referenced: Mass. Gen. Laws ch. 90-1, ch. 90-1B through 90-1D.

**eMTB GUIDELINES**

- On federal, state, county and local trails, e-mountain bike (eMTB) access varies significantly.
- Generally, any natural surface trail that is designated as open to both motorized and non-motorized uses is also open to eMTBs.
- eMTBs may not be allowed on trails managed for non-motorized activities.
- Do not ride your eMTB in areas where the local rules are unclear. Ride legally and only on authorized trails to show that mountain bikers are responsible trail users.
- When in doubt, ask your local land manager about access to specific trails. Local land rules change frequently.

Learn more at PeopleForBikes.org/e-bikes

- Blogs and webinars
- E-bike laws around the country
- E-bike statistics and research

**GREAT eMTB RIDES IN MASSACHUSETTS**

- Pittsfield State Forest
  - Pittsfield: 39 miles
- October Mountain State Forest
  - Lee: 69 miles

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**CHECK OUT**

- A map of great eMTB rides at peopleforbikes.org/emtb
- eMTB “Adventures” at peopleforbikes.org/e-bikes